

Let's Make Forest Hill Dementia Friendly

Help us make Forest Hill a place where people living with dementia, and their family and friends, feel supported to participate in their community.

There are many types of dementia which affect each person differently.

Symptoms may include confusion, difficulty with everyday tasks, and poor memory.

A dementia friendly community has:

- An understanding of dementia
- Welcoming and safe spaces
- Supportive and inclusive businesses
- People who are patient, aware and helpful

How can you help?

- Become a dementia friend
dementiafriendly.org.au

Find out more online or call us

- iepcp.org.au/key-project/dfc/
- Ph: (03) 8843 2254



Inner East Primary Care Partnership acknowledges the support of the Victorian Government



**Forest Hill
Dementia
Friendly
Community**

**Working together to
make a difference**

